

Wing Chun Kung Fu Terms

B

Bart -Cham- Do = Eight Cutting Broadswords

Bik Sau = Pressing Arm

Bui-Do = Thrusting Knives

Bui-Ma = Thrusting Stance

Bui-Sau = Thrusting Arm

Bui-Tze-Sau = Thrusting Fingers

Bok-Jeung = Shoulder Butt (palm pushes down)

Bong-Chor-Sau = Wrong Bong (inside gate)

Bong-Gerk = Wing Leg Block

Bong-Sau = Wing Arm Block

C

Cham Kui = Arm Seeking Form

Chang-Sau = Spade hand

Chi-Dan-Sau (dan chi) = Single Sticky Hands

Chi-Gerk = Sticky Legs

Chi-Kwan = Sticky Pole

Chin-Tek = Front Kick

Chin-Gum-Sau = Front Pinning Hand

Chin-Jeung = Front Palm

Chi-Sau (Sheung Chi Sau) = Double Sticky Hands

Chung-Lo = Mid Level

Chung-Si = Grandmaster of A Style

Chung-Sin = Mid Line

Chung-Sum-Sin = Centre Line

Cup-Jarn = Downward Elbow

D

Ding-Jarn Butting Elbow

Dip Sau Butterfly Hand

Dui-Kok-Ma Diagonal Stance

F

Fak- Sau = Whisking Arm/Side Chop

Fook-Sau = Bridge On Arm

Fung-Gerk = Stomp Foot Block

G

Garn Sau = Splitting Block/Low Block Simultaneous Punch

Gee-Ng-Dui-Tie-Ma = Half Hanging Stance (Pole)

Gerk = Leg

Gnoi-Moon = Outside Gate

Gum-Sau = Pinning Hand

Gwai-Jarn = Downward/Kneeling Elbow

H

Har- Lo = Lower Level

Hau-Gum-Sau = Back Pinning Hand

Hau-Ma = Back Stance

Hoi-Ma = Opening Of Stance

Heun-Bo = Circle Steps

Heun-Do = Circling Knife

Heun-Got-Sau = Circling cut

Heun-Sau = Circling Hand

J

Jeung = Palm

Jong = Dummy/Stake

Jor-Ma = Left Stance

Jum-Sau = Sinking Block

Ju-Cheung = Side Palm

Ju-Tek = Side Kick

Ju-Gum-Sau = Side Pinning Hand

Ju-Sun-Kuen = Turning Punch

Ju-Sun-Ma = Turning of Stance

Jut-Sau = Jerking Hand

K

Kar-Sik = Prefighting Posture

Kau-Bo = Plucking Steps/Circle Steps

Kau-Gerk = Half Moon Kick

Kau Sau = Circling Block

Kuen = Fist/Fist Fighting

Kuen-To = Forms

Kui -Sau = Bridge Arm

Kuo-Sau = Sparring/Fighting Practice

Kwun-Ma = Pole Stance

Kwun-Sau = Rolling/Rotating Block

L

Laan-Sau = Bar Arm

Laap-Sau = Deflecting Arm

Lau-Sau = Scooping Arm

Lin-Wan-Kuen = Chain Punches

Lok-Ma = Retreating Stance

Luk-Dim-Boon-Kwan = Six & Half Point Pole

M

Ma = Stance/Horse

Mang-Geng-Sau = Neck Pulling Hand

Man-Sau = Inquisitive Hand

Mook-Yan-Chong = Wooden Dummy

Mook-Yan-Chong-Fa = Dummy Form

N

Noi-Moon = Inside Gate

Nuk-Sau = Freehand Fighting Practice

P

Pak-Sau = Slap Block

Pai-Jarn = Hacking Elbow

Po-Pai-Jeung = Double Palms

S

Saam-Kok-Bo/Ma = Triangular Stance (advancing)

Saam-Pai-Fut = Three Times Praying To Buddha

Sei-Ping-Ma = Horse Stance

Shat-Geng-Sau = Throat Cutting Hand

Sheung-Kuen = Double Punches

Sheung-Lo = Upper Level

Siong Ma = Advancing Stance

Sui-Nim-Tao = Little Idea Form

Sut = Knee

T

Taan-Gerk = Leg Block

Taan-Sau = Palm Up Block

Tei-Sau = Rising Arms

Tek = Kick

Tok-Sau = Elbow lifting Hand/Supporting

Tong - Tek = Diagonal Kick

Tut -Sau = Freeing Arm

W

Wu Sau = Protective Arm/Rear Guard

Y

Yau-Ma = Right Stance

Yee-Chi-Kim-Yeung-Ma = Character 2 Adductor Stance

Hierarchy & Titles

Chung-Si = Grandmaster Of Style

Jor-Si = Founder Of Style (Ng Mui)

Si-Dai = Younger Kung Fu Brother (trained less time)

Si-Fu = Teacher/Parent Figure

Si-Gung = Kung Fu Grandfather (Teacher of Teacher)

Si-Hing = Elder Kung Fu Brother (trained longer time)

Si-Je = Elder Kung Fu Sister (trained longer time)

Si-Jo = Teacher Of Kung Fu Grandfather

Si-Jook = Kung Fu Nephew (student of younger kung Fu Brother)

Si-Mo = Wife of Kung Fu Teacher

Si-Mui = Younger Kung Fu Sister (trained less time than you)

Si-Pak = Elder Kung Fu Brother Of Si-fu

Si-Pak-Gung = Elder Kung Fu Brother Of Si-Gung

To-Dai = Student

To Suen = Kung Fu Grandson (student of student)

Tung-Moon = Fellow Student

NUMBERS

Yat = One

Yee = Two

Saam = Three

Say = Four

Ng = Five

Look = Six

Chat = Seven

Baat = Eight

Gau = Nine

Sup = Ten

Sup-Yat = Eleven

Sup-Yee = Twelve

Yee-Sup = Twenty

Saam-Sup = Thirty

Yat Baak = Hundred